

# Dr Rachel Strachan

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## Qualifications

Course/qualification	Dates	Educational institution
ClinPsyD	09/2004 – 01/2009	The University of Birmingham
B.Sc (Hons) in Psychology	09/1997 – 07/2000	The University of Birmingham

## Employment history

Job title	Dates	Employer name
Senior Clinical Psychologist	01/2011 – current	BSMHFT
Clinical Psychologist	10/2011 – current	Private Practice
Clinical Psychologist	01/2009 – 01/2011	BSMHFT
Trainee Clinical Psychologist	09/2004 – 01/2009	Solihull Care Trust
Assistant Psychologist	08/2003 – 09/2004	B'ham Children's Hosp.Trust

## Continuing Professional Development

Course	Dates	Organising/Awarding institution
EMDR with Children	11/2014	EMDR Europe
Working with Eating Disturbance in Young People	11/2014	The University of Birmingham
Working Through Interpreters	03/2014	Freedom from Torture
Behavioural Family Therapy (5 days)	10/2013	Meriden Programme
EMDR levels 1 – 4 (10 days)	02/2013 – 07/2013	EMDR Europe
The Neurobiology of Trauma (20 hrs)	09/2012– 07/2013	Janina Fisher
Teaching Mindfulness CBT (1 day)	10/2012	BABCP
Ehlers & Clark Model of CBT for PTSD (1 day)	05/2012	BSMHFT
Supervisors Training Levels 1 & 2 (4 days)	06/2009 (Level 1) 11/2012 (Level 2)	The Universities of Birmingham, Cov.& Warwick
Working with Survivors of Torture (2 days)	11/2011	Freedom from Torture
Compassionate Mind Therapy (1 day)	01/2011	Deborah Lee
Attachment theory (1 day)	01/2007	Dr Kim Golding
Solihull Approach (2 days)	03/2006	Solihull Approach

